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# SJBOY COMES OUT OF THE CLOSET!

By: kwest

Folks, we were recently approached with an offer to come forward from one of the most disliked GM's in history. You may know him as -hockey-kid- (The dogs), scruffy (The NFLD Bullets), Leafsaddict (The rulers) or Flamesfan12 (The Fighting Gerbils). His most infamous persona however was sjboy (The Fog Devils).

For those who are newer to the game, you can follow these threads to read up on the history: <http://www.metroho.com/loggedin/forums.php?step=mb&action=view&mid=17400&board=cheating&thread=17400>  
<http://www.metroho.com/loggedin/forums.php?step=mb&action=view&mid=35979&board=gametalk&thread=35979>  
<http://www.metroho.com/loggedin/forums.php?step=mb&action=view&mid=36022&board=gametalk&thread=36022>

While discovered awhile ago by one of our own newsletter crew, shared with me and verified by Admin, we decided amongst us to keep it to ourselves and give the kid a break. If he was banned, he'd just end up coming back again somehow anyway. There is a huge leap in maturity in early teenage years that a lot of us tend to forget as we get older. He has shown he can be a positive member of the community so he feels it is time to reveal his identity to everyone.

Here is my interview, with the GM formally known as sjboy; gamer1 (The canadian eagles).

**Q:** First things first, how surprised were you when you were 'discovered'?

**A:** I'm assuming you mean on this account. I was pretty shocked. I was doing great on the forums and I didn't think anyone would catch on to who I am. I thought I had finally come back and would go without being discovered for a while at least. Especially with my improvement on the forums. I thought I was doing great, until I received that PM from you. But should have known I would get caught soon with the great detectives on this site.

**Q:** Why did you agree to a coming out interview? You could have likely kept the whole "I used to be sjboy" thing a secret forever.

**A:** I figured it would be better for me to come out now, then the rest of the community figuring it out later. I knew sooner or later someone on the site would catch on and prove who I am. Therefore I thought it would be a great idea to get it out there now. Plus I was told by two people how much I've changed, for the better. Every time I log into this site, I fear heading to the forums to see a "ban gamer1 now" thread made.

**Q:** You've really cleaned up your spelling and language. Was this an effort to not be discovered or do you genuinely care about how you're perceived?

**A:** When I had projects in school, I spellchecked everything. I guess after spelling words wrong over and over again you just catch on to the real way to

spell it. It may have had something to do with not getting caught.

**Q:** To those GM's that will inevitably turn on you in the forums now that they know your identity, what do you have to say to them?

**A:** They will all have their opinions. I was (maybe still am) the most hated person to ever play this game. People will have their thoughts, which I can't control. So, for all you oldies on the site. I will take all the criticism I am going to receive for coming out about being sjboy. One day, hopefully they will move on and forget about the past but until then I guess I will have to deal with it.

**Q:** What are your thoughts when you go back and read your old posts from your older banned accounts?

**A:** I've only taken the time to go back and read a few sjboy posts. My main thought when I did this was that I was annoying. A member on this site once told me that when I get older I will realize how annoying I was. I guess even a year later can make a difference, and it did.

**Q:** Now that you know the skeleton is going to be let out of the closet, how do you feel?

**A:** I feel great. No more hiding the fact of who I actually am. No more worrying about someone catching on and this account ending up being banned. Before I couldn't even let people know my xbox gamertag due to the fact that the name would have given people a hint on who I am. I know short term this might not have been the best idea, but I'm sure in a longer term it will pay off.

**Q:** What thoughts do you have for other players considering cheating?

**A:** It's simple don't do it. I loved this game then, and I love it now. It is a great game and I don't want to see it go to waste with cheaters. Sure I done it before, but it was a while ago when I was younger. I know my mistake and wouldn't do it again. It was stupid. If you like the game, get better in a fair way and not cheat your way to the top. You'll end up getting caught and logging one day to see "your account has been banned".

**Q:** I personally don't think it was true but for one last-time, were you also salsaboy?

**A:** No. However, I did always believe he was trying to act like me for some reason.

**Q:** You run a blog on an NHL website. Care to share it with the community?

**A:** What it is, is a site for NHL fans to go and post blogs about what's going on. I use to be a great user on the site, however I don't post there much anymore but if you want to check it out here's the link. <http://www.nhl.com/ice/fans.htm>

**Q:** Finally to wrap things up, if you were a pizza, what kind of pizza would you be and why?

**A:** As long as it doesn't have chicken or mushrooms on it I'll love to be that pizza. Why? Simple, I love pizza. Great, now I'm hungry.



What do you think of the whole sjboy fiasco?

**Adam:** I already forgot what he did or who he is exactly. I'm pretty busy so after I move on from a situation it often doesn't take too long for me to forget about it.

Why are you letting sjboy come back without paying VIP?

**Adam:** All I remember is he keeps signing up after every time he's banned. So if he refuses to pay a penalty and is ok with losing his previous teams I'm not going to worry about him.

Do you think Metroho will ever reach 100,000 users? (After some marketing is done of course)

**Adam:** It's possible, but not something I expect. Maybe one day I should make a goal of having a certain number of users.

What is your opinion on the coolest player on Metroho: Major Tinkle?

**Adam:** Major Tinkle can stay for now, but I wouldn't want to see too many names like that.

In the off-season, when putting a player on waivers, having the possibility of choosing whether you want the player to be available to be nabbed?

**Adam:** No, if a player isn't worth trading for and a team doesn't want to keep that player, they should have to buy them out.

Adding a loyalty factor to players who have been with the same team for a while so they resign easier or cheaper?

**Adam:** Maybe with a lot of limitations. It could make for an interesting betting prize.

This is a maybe on the future improvements list: "Making the medallion a 2-game series with the higher scoring team advancing". What do you think of it and do you think it will eventually be added in?

**Adam:** I'd rather add another tournament than change The Medallion. And, yes, more tournaments will likely be added to Metroho. Hopefully we can come up with some creative and fun formats.

Making it available to put players on waivers while they have an offer is pending

**Adam:** Whether or not you can put players on waivers with pending offers isn't a big deal, but I'd prefer to keep it the way it is. Call it an HR aspect of the game.

To encourage more recruitment, take away the month long wait before you can get the 1 rating increase award again. (when referring people to the game)

**Adam:** Maybe. There should be some limit though. Someone could sign up with a bunch of fake accounts and by the time we deal with the wrongful increases, a team might be unfairly knocked out of the playoffs.

Adding nationalities to players

**Adam:** If there is enough support for this. I don't really see too much value in it though.

Doubling the salary cap of The Silver Seven because its GM is such a cool guy

**Adam:** Wait, you and Major Tinkle are cool?

**If you want Adam's Opinion on a subject and can't get a reply from him, you can always send me, Alfie (2828), a message and it will be added to the list I send Adam.**

# Bob Is Smiling, Laughing, and Making fun of Steve!

By: Lukemeist with assistance from other league members

Keep Bob Smiling is a 15 team league broken down into three divisions as we all know. By far the funniest division; Hugh G. Rection. This is strong division only has 2 teams under .500 and the 3rd place team has an impressive record of 21-14. Next is the weakest division; Adolf Oliver Knipples. This may be a weaker division, but it is home to one of the current greatest rivalries in Metroho. The RE Marauders were neck and neck last season with the SI Flying Elephants as The Elephants edged the Marauders to take the division. This season is a little different though. The Marauders are currently leading the division with a 21-18 record while the Elephants are rebuilding. However The Skegrie Seahorses are right on the Marauders' ass (not literally of course, I already told jox I don't roll that way). And then we come to the strongest division in the league, maybe one of the strongest Metroho has seen in a long time. The Dickson Yamada division has 3 teams in the top 20 PR and four in the top 75. In addition, four out of the five teams in this division are currently in a playoff position, but there is still a lot of hockey to be played.

For me, this league is most fun out of any leagues I have ever competed in. The thing that has made this league stand out above the rest I have battled in is the activity. 5 days into the league, we have had 12 trades, 395 posts, the birth of a baby boy and trash talk that has seeped into the main forums. (Non-hockey related, on day 4, Rick (manager of the AZfathead) announced to the league, "I'm the proud new papa of a baby boy today and future Metroho manager." On behalf of the league, we would just like to say congratulations Rick.)

Before the league even started having games played, the rivalries were revealed, trash talk was being traded, and teams were already buying and selling according to their season's priorities. Within the first hour of joining the league, kwest welcomed me to the league with this post: "Oh shit, the great Lukemeist is here. Lock up your daughters!" Footballmdm11 (GM Longerwood Enzytes) then added: "make sure it's in the kitchen so when you release them we'll all have sandwiches for intermissions". After this, the GM of the SI Flying Elephants enlightened us with his favorite sandwich, which contains pepperoni, salami, yellow American or mozzarella, lettuce, tomato, salt and pepper, oil and vinegar. He then went on to talk about his love affair with some gay chicken cutlet (more suiting to his femaleness).

Reggie Dunlop (GM of Charlestown Chiefs) started what this league will be known legendary for: The Trashtalk. Reggie called out the Bayside Bitches before the first game was even played: "Get used to that style of game Steve. 5-4 OT win for the Chiefs and 7 fights. BOOYAH!"

Steve responded with a "Rape Alert!!!" thread that read "Be on the lookout for GM Reggie Dunlop from The Charlestown Chiefs. He made a rape attempt on my team this afternoon." The rivalry was on.

On day four, Homo Steve was bragging about being in the "over 30/over 90" club (referring to PP/PK). Reggie was quick to respond: "that's where all they gays hang out anyway." And after that no one in the league except Steve joined that club.

On the very first day of play, Steve fed the fire enough fuel to take the rivalry to the next level. In his post game report vs. the Charlestown Chiefs, he got Reggie aggravated. Reggie replied with "Dude! Are you kidding me? I got all charged up for that!? Bayside is a bunch of faggots! They should change their name to the Bawlers. All they do is just cry to the refs every time they get touched." This was the beginning of the best league ever.

A few days later, Steve came to us with some braking news. "Charlestown Chiefs First Ever Association?" (possibly one of the funniest posts of the year) "After some investigation, we have found the birthplace of The Charlestown Chief's and their GM Reggie Dunlop. We believe before metro there was Goaline Blitz and maybe some other bush league. But truth be told, we have found out where this team actually first hit the ice. Check the link to learn all about it." Attached was a gay pic of two dudes making out. Chiefs... shame on you.

Reggie was right back on the offensive: "The real question here is how Steve just stumbled upon the gay hockey community that no one else knew about. How many man-on-man images did you look through before you made your choice on this picture Steve? You're as straight as a U-turn my friend."

As the league went on, everyday we had game recaps, player interviews, and the pussiest invasion of Canada eve... Of course by Steve, and more trash talk.

With only a quarter of the season left, the league came upon a fascination article. "Bayside Brawlers Ownership Group News". "The family owned Bayside Brawlers are considering selling the team" reports the Associated Press. "Feeling threatened by the rowdy ways of the general manager, Steve3141, the ownership group feels the only way to save their family and sanity would be to sell the team. Interested buyers include groups headed by Ryan Seacrest, Perez Hilton, and Elton John." Steve is yet to comment on this matter.

I asked the GM's of this league some questions about the league board:

Does having an active league board add to the experience?

**Steve:** "Definitely for me it does. But it has to be more than just 2 or 3 teams talking it up. But when you have more than half your league blowing up the forums, it can be extremely fun with the right GM's/Teams

**Reggie:** Yes... the active league board keeps interest even while getting your ass kicked. I like when people join in with fake press releases and bring their players to life with other tidbits and articles.

**Kwest:** Having an active league board makes the game come alive. We've all been in those lame leagues where no one talks and mostly just want them over with.

Do you have any rivalries with any other teams?

**Steve:** I would say my 2 biggest rivalries are The Charlestown Chiefs and Evans City Zombies. Me and Reggie from the Chiefs are really good freinds outside the game. So it's always alot of fun to surpass him in certain areas of the game, especially since he talked me into joining. The Zombies on the other had, what can I say. We had a hell of a finals in The LOD 2 seasons ago. Ever since I won the Metro Cup in Zombieland, I think I have to watch out for him to get back at me.

**Reggie:** Bayside Brawlers are our arch enemies... like Yankees / Red sox or NYR/NJD. I also have mini rivalries with RE Marauders, Evans City Zombies, AZFatheads and Shaolin Landfills from battling through multiple leagues. The smaller ones usually come from great playoff, division or cup battles and the fact that the GM's are just cool and play along with it helps.

**Kwest:** I've got a friendly rivalry with the Zombies but we mostly try to help each other out.

What is your favourite part of the trash talk that goes on?

**Steve:** "I love the fact how sissy-like some can be. It's all in fun and noone should take offense. Now there is a difference between trash talk and abuse though. I know sometimes I come close to crossing the line, but sometimes it's a good way to make up for a team's performance. If this was just a click the button type game, it would be boring. Having the forums and interacting through chat or messaging is really an advantage most should get more out of."

**Reggie:** My favorite part of trash talk is calling out The Bayside Brawlers for their extreme gayness.

**Kwest:** I like the fake news releases and fake player pics. Putting an actual person behind the names is fun.

All in all, this league has been the best one I have ever been a part of, and I have been playing this game for a while. Honestly, I was starting to get a little tired, and Metroho was starting to become a chore, but this league has totally renewed my love for it. Being in a league with some of the most fun and talented GM's in the game has been awesome.

# ALL TIME GREATEST METROHO'ER TOURNAMENT

By: Trogdor1009

We're looking to crown the greatest Metroho'er of all time. What you want to take into account when picking is anything and everything Metroho related. That means: team success and team management; helpfulness, ideas, and innovation on the forums; and anything else you can think of that goes into someone's overall reputation.

Round of 16 is starting this month. Voting takes place in this thread:

<http://www.metroho.com/loggedin/forums.php?action=view&mid=85998&board=gametalk&thread=85998>

Rules and format is also clarified there. Send any questions or concerns regarding this tournament to Trogdor1009 (822).

A quick look at the matchups:

- 1-Kehmesis (The Shadows) vs. 16-Nquiksilver (The Tailgunners)
- 2- trogdor1009 (The New Bedford Hax) vs. 15- tfong (The Legion)
- 3-R.Wirtz (The Ice Pirates) vs. 14-gjgi (The North Stars)
- 4 -kwest (The Dragons 78) vs. 13 -The Pioneers (The Pioneers)
- 5-Footballmdm11 (The Longerwood Enzytes vs. 12-DB13 (The Regina Riders)
- 6-Moi (The Crazy 88) vs. 11-vicioushenry (The Evans City Zombies)
- 7-Yabbadaba (The Yabba Dabbas) vs. 10-beefrog (The Tirelrons)
- 8-PillaKilla (The Badonkadonks) vs. 9-Erik.T (The Richmond Hill)

## SUPPORT THE LOCALS!

**Irondogg's** website:

<http://www.jameschristie.ca/index.php>

A variety of cool features, but the main addictive attraction is the arcade games. Come duel it out versus other Metroho users in the quest for the most 1<sup>st</sup> place trophies! Warning: You will become addicted!

**Kehmesis'** website:

<http://www.jayngee.com>

Hilarious comic strips featuring the famous Jay and Gee. You're going to fall off your computer chair 7 times reading them. If you enjoy Kehm's Comic in The Fun and Games; you will love these!

# Kwestions and Answers (with kwest of course)

By: DB13

**Q:** How did you find out about MetroHO?

**A:** I was on some random hockey forum and someone was posting about this jerk gm666 guy 'pimping his Metroho account'. I googled Metroho and the rest is history. I guess I owe my Metroho life to gm666, shudder.

**Q:** Where did the team name "The Dragons 78" come from?

**A:** Back when the first NHL videogame where you could create teams came out there was a set amount of logos you could use, most of which were pretty crappy. One was a neat looking Dragon so I made a team "The Kelowna Dragons". I was trying to think of a team name when joining Metroho and I kept going back to Dragons. Unfortunately Dragons was taken so I just threw my birth year on the back. Right away I regretted it thinking it was such a stupid name. I still do but it's part of the games history now so I wouldn't change it.

**Q:** Who is your favorite MetroHO player that has played for the Dragons 78 organization?

**A:** My favourite player was Tommy Asbell. I traded him away in a marathon late night negotiating session with Slipery Oil. Later down the road my multi team traded for him and he's now spent more time with The Lrie than The Dragons 78. He's an original rating 89, 39 years old and still has 5 years on his contract.

**Q:** Being a board moderator, what are some of the things you typically talk about in the "Board Moderator's Forum"?

**A:** It varies. We discuss gm complaints, opinions on ideas, odd things we notice in the game, cheaters, trade issues, things like that. Adam respects our opinions and solicits them often, which is nice.

**Q:** In your opinion, what is your favorite thing about MetroHO?

**A:** I enjoy the community aspect and the camaraderie that seems to genuinely take place. I don't think I'm alone in this thought as you can see when there's one squeaky wheel, everyone really jumps on them to keep it clean. Oh yeah, the simulator is pretty good too.

**Q:** What about your least favorite?

**A:** I'm not a huge fan of trading. To be a ruthless trader you have to give up a little something of your own integrity I think. I like helping people out so I tend to always lose a little in trading. No offense to our ruthless traders in the game by the way. So, that and goalie drills. They are awful.

**Q:** What is one of the main changes that you want to see happen first to MetroHO?

**A:** I'd like to see a trade moderator or three. Betting and prizes will also add another dimension that I think would increase the fun. As long as it isn't something so easily achievable that everyone will be able to attain them.

**Q:** What about a change you want happening to the newsletter?

**A:** I like the direction it's going with more images and consistent formatting. As for a change, I'd like to see new, different articles submitted as one-offs by the community. My fear is that it's just going to be the same old thing after a few more months.

**Q:** How is working on the newsletter every month with the rest of the crew?

**A:** It's not bad. It really doesn't take that long and we have our own off-Metroho forum where we can pitch ideas and beat up on Alfie.

**Q:** How would you describe the Calgary/Edmonton rivalry?

**A:** If you mean in hockey, it's really not there anymore. The 80's were crazy though. I remember my mother actually throwing stuff at the TV once when Glen Sather was doing an interview. As far as regular competition goes, it's become more of an Alberta vs. Canada thing than a Calgary vs. Edmonton thing. Provincial separation for the win!

**Q:** How many Calgary Flames games have you been to? Any experience you want to talk about?

**A:** I've been to probably 12-15 games in my lifetime. My best experience would be the first game I went to. It was 1987 and it was The Flames vs. The Jets. I was really into goalies at the time and for some reason both teams pulled each of their goalies. I got to see Daniel Berthiaume and Pokey Reddick play for the Jets, and Mike Vernon and Doug Dadswell play for the Flames that night. It also ended in a 4-4 tie which was perfect in my mind. I got to see an extra five minutes of game play!

**Q:** What do you think about the no-goal call in game 6 of the 2004 Stanley Cup Finals? (See Martin Gelinus' controversial no-goal in which would have won the Calgary Flames the Stanley Cup over the Tampa Bay Lightning).

**A:** It really looked like it crossed the line and there are people here to this day that would stake their life on it. For me, it was a final no-goal decision made by the officials and I respect and stand by it. Life's too short to sweat the small stuff.

**Q:** Who is your all-time favourite NHL player? Why?

**A:** My favourite player of all time... That's a tough one. I'd have to say Mike Vernon. As a kid I always wanted to be a goalie and when I always played ball hockey with friends, I was Vernie. I'm not a fan of him as a person but as a hockey player, he was my favourite. Sandy McCarthy is a close second. Just a brutal fighter. It was tough to come up with an answer for this because I'm not a fan of making idols out of sports figures. For the most part, they're dumbasses that happen to be gifted in athletics.

**Q:** If you got to choose the players, who would you chose as a starting line-up for the Calgary Flames All-Time Team?

**A:** Great question! Up front I'd have Joe Nieuwendyk, Brett Hull and Jarome Iginla. On defense it would be Al MacInnis with Gary Suter. Goalie would be Mike Vernon.

**Q:** For Saskatchewan Roughriders vs. Calgary Stampeders game, how does it feel to know that there are more Roughriders fans showing up in your home stadium compared to Stamps fans?

**A:** It's crazy during a Stamps/Riders game. My wife is from Saskatchewan so we try to hit the annual game when it happens. She wears her Rider shirt and I wear my Stamps shirt. Honestly, we go to people watch more than to see the game. The crowd is insane. As for how I feel about it, Saskatchewan folks are among the hardest working so if they're here in Calgary pushing our economy further, I'm all for it regardless of what team they cheer for.

**Q:** What is a reason for why you have stuck along with

MetroHO for so long?

**A:** I think it goes back to the community aspect. I look forward to logging in every day and seeing what's up with everyone. The actual game itself is fun but it's secondary in my mind.

**Q:** Any advice for new people that are starting to play this game?

**A:** Make yourself be heard. Play in the user-run tournaments, make interesting posts, don't be a douchebag and most of all, have fun!

## Question of the Month

By: Footballm11

If you were involved in a fight, and needed some assistance; which Metroho GM would you get for backup?

[Nquiksilver \(The Tailgunners\)](#): Pilla, I enjoy watching him pummel :P

[gdq6280 \(The S.I. Flying Elephants\)](#): This one is a layup for me, the only correct answer can be Kyxoan and I will tell you why. Say the fight was at a bar. He would jump in right away, only to be followed immediately by his family and friends. Once they were involved they would lock the door so nobody else could get involved and then proceed to beat my foe senseless. Once the fight was done he would buy everybody free drinks to try and cover up the fact his 'uncle and friends' were all holding the guy so kyxoan could hit him.

[vicioushenry \(The Evans City Zombies\)](#): I'd take kwest in my corner.

[pakoll01 \(The Guardians\)](#): Which one of you guys is the biggest, baddest mofo here? Cause that's who'd be my pick.

[antigoth \(The Random Name #42\)](#): Pilla. He always seems to have a trick up his sleeve. And with a Badonkadonk like that, why wouldn't you want him at your back?

[Diskothek \(The Bob Sagets\)](#): Mariusz. Mariusz strong.

[Alfie \(The Silver Seven\)](#): Admin Robin. He would unleash his crazy euro ninja skills on my attackers. Although just in case he becomes "inactive" during the battle. I'd have to also say... 1ónico. That guy is an unstoppable beast. A force to be reckoned with. Wouldn't want to be on the butt end of his wrath.

[kehmesis \(The Shadows\)](#): Moi. The first punch will surely be aimed at him.

[lil jjay \(The YoungMoneySuperstars\)](#): trogdor, I've heard good things about him and he seems like the big dog here

[dqisgq \(The Bad Muthafukas\)](#): 1st of all, I wouldn't need any backup since I'd f\*\*ck everyone up left standing in the room. Probably Alfie so he could document my ass kicking.

[Captain Falcon \(The Psychic-Types\)](#): Not quite sure, I don't know everyone else quite well enough. But if I wanted to win in a dirty manner, I'd get Kyx or Steve

[zigzag \(The Warthogs\)](#): I say Football and Henry, because PA boys can kick any ones ass. If you don't agree try me

[Braeds \(The Blades of Fury\)](#): I'd have fixedyard, gm of the opponents. Because he's pretty clever and funny as hell.

[Vysonic \(The Dukes\)](#): Haha, umm i'd get trog to back me up. he seems like a big guy.

[KOLLie \(The Copenhagen Pucks\)](#): Gunna go old fashioned...DB13 due to him being my friend from when i first joined

[trogdor1009 \(The New Bedford Hax\)](#): If I got into a fight I'd have pillakilla as my tag team partner. He'd show off his sweet footwork and boxing skills.

[PillaKilla \(The Badonkadonks\)](#)

If I were in a fight I wouldn't need anyone. I got iron fists and the speed of Ali. If I had to, I could bring Kwest to sit and eat popcorn while I showed him how to brawl.

[Supernatural24 \(The Cretaceous Dinosaurs\)](#): 71\_malkin\_71. We became friends back in high school and we often talk about hockey. I would pick him as a backup because he is tough and the opponent would probably rather run away than being clobbered by a wooden stick.

[Wildcat423 \(The Kentucky Squirrels\)](#): Pnr. 🍌 Cuz I checked the first forum I saw and he was in it [Note from Alfie: wildcat was then asked: "You think that makes him tough on the streets?" And he answered:] Of course.

[Hockeyone \(The SLU Bru-Crew\)](#): I would get Kwest as backup because he probably has some hidden kung fu moves no one has ever seen before.

# Q&A with DB13!

By: kwest

**Q:** DB, firstly, how have you been?

**A:** Good. I have been busy as of late, as you may be able to tell, and I just keep getting busier and busier as the days tick by.

**Q:** How did you stumble across MetroHO?

**A:** It was actually completely by accident. Back in July of '08 I finally gave in to the whole Facebook ordeal after vowing never to join it. I was searching for something, I'm not quite sure, but I know I misspelled it and the MetroHO fan page popped up. It said hockey on it, so of course I clicked it. And since then I have been a MetroHO addict. That is basically the only good thing that Facebook has brought me.

**Q:** In your opinion, what makes the game fun?

**A:** By far it would have to be the community. If it weren't for most of the guys here I definitely would have left a while ago. Don't get me wrong, I love the game and Adam has done a great job, but I tend to get sick of practically any game over time. But now with the new expected releases I doubt I will ever want to leave!

**Q:** Not many people really know anything about you. Tell us more about yourself. Executive penthouse or Ma's basement?

**A:** My name is DB13. I am from Regina, Saskatchewan. I am a fan of the Toronto Maple Leafs. And I like to... Nah just kidding. There really isn't much to know about me that people probably already know. I'm not too secretive however I am not too open as to give my address or SIN on the forums. We wouldn't want multiple DB's running around. There is already enough to handle with just one...

I never grew up in a sports family. It was a wonder how I got hooked with sports though and I don't even remember how I even got into sports. I also never grew up with the richest of families so I never really got to play any sports except for that cheap rec. baseball for a couple years. I liked that and ended up playing competitive baseball, and here I am now still playing baseball and loving it.

**Q:** Are you old enough to remember the last time the Leafs won the cup? If not, how about your parents?

**A:** What a slap in the face... I thought this interview was supposed to be fun not insulting. No, I wasn't even thought of when the Leafs won the Cup back in '67. However, in 2011 I will be alive to witness the Stanley Cup coming back to Toronto once and for all.

**Q:** Allan Bester was a Leafs goalie in the dark Harold Ballard years of the 80's. What do you think of his name?

**A:** Well he had a name for success that is one thing for sure. But to be put on a team managed by Harold Ballard is career suicide. EVERYTHING went his way. That is why the Leafs sucked during that time period. He wanted Sittler out, and he did EVERYTHING in his power to get him out including making the team \*bleep\* shitty \*bleep\*. Bester had somewhat potential. It would probably take 2-3 of him to actually fill the net as he was small in net. But he did have one of the lower GAA and higher SV% out of the cellar teams over those years. (kwest note: I think Allan Bester was a terrible goalie so his name should be Allan Worster... just sayin')

**Q:** Allan Bester's last professional season was with the Orlando Solar Bears of the IHL, also the name of a team on MetroHO. Coincidence?

**A:** There would be no coincidence whatsoever.

**Q:** Regina is a pretty city but has a real um... 'edge' to it. What do you both love and hate about the place?

**A:** Well I will start with the bad about Regina. For being a capital city it has practically nothing interesting about it. Unless you're into parliament and wanna check that out or you enjoy shopping at malls ten times smaller than the ones in other cities, there is really nothing special about the capital city of Regina. However, there is one thing major about Regina. We are home to the Saskatchewan Roughriders! 2007 Grey Cup Champs and soon to be 2010 Grey Cup Champs! LETS GO ROUGHRIDERS!

**Q:** Any plans to move anywhere else?

**A:** Right now I am not moving anywhere. I do however want to move outta this lame city and somewhere bigger, but that all depends on where my life takes me. I haven't even really traveled anywhere besides Alberta, Saskatchewan, or Manitoba so it is not like I know of a great place to live. I actually plan on, in the next two or three years, traveling down east for the first time. It would mainly be to catch a live Blue Jays game in the summer, but if the Leafs are still alive in the playoffs then I would be sure to catch a playoff game.

**Q:** In the forums, sometimes you're very helpful, other times you're a sarcastic ass. Why so manic?

**A:** I honestly don't know. I try to goof around with people on the forums as much as I can, after all it is only just a game and you shouldn't get too serious about it. But there is always that prick that walks in and thinks he is at the top of the world, that is usually when it turns into a flame war with me on one end. I also try to be as helpful as possible with people who are new to MetroHO and the Forums.

**Q:** Who and/or what bugs you the most on the forums?

**A:** Alfie. He is the BIGGEST SPAMMER EVAR!!!! Nah just kidding. But seriously, Alfie....

**A:** Other than the Jackasses nothing really bothers me on the forums. One thing that bothers me about the forums is that you can easily accidentally click on delete rather than reply or edit. It has happened to me a few times, I still say there should be a warning screen that asks you again.

**Q:** The Canada Cup is a long running, successful tournament. What memories of the real-life Canada Cup tournaments do you have?

**A:** To be honest the Canada Cup that I run had nothing to do with the real life Canada Cup. It never even crossed my mind until a couple Canada Cups in when I finally remembered about the real life one.

My all-time favorite memory of the real-life Canada Cup would have to be the one in '87 when the score was tied at five a piece with about a minute and a half left in the game. Hawerchuck won the face-off and knocked it to Lemieux. Mario Lemieux poked the puck up center, he passes it to Gretzky, back to Lemieux. He shoots...HE SCORES!!!!

**Q:** You're a goalie for beer league games, how far did you get through the minor hockey ranks as a kid?

**A:** Like I said earlier, I was never born of a sporty family. When I finally got into sports and discovered how great hockey was I was too old to start up hockey at that age. However I would always, and still do, play lots of street

hockey, ice hockey, and floor hockey with a group of friends any day of the week.

**Q:** Being a goalie, do you think you could beat Allan Bester's career mark of 4.01 GAA and .883 Save Percentage?

**A:** Like I said earlier, Harold Ballard messed up lots of players careers including Allan Bester. I bet you that if you put any goalie in his place, from Roi to Brodeur, to Plante, to Sawchuck, they would have suffered in Toronto as well. That being said no I probably couldn't put up better numbers unless I had the New Jersey Devils defense from pre-lockout in front of me. For me I am either on my game or off my game. And when I am off my game, we lose

**Q:** What will you do once Hong Kent and Irwin Cheever retire from the Regina Riders?

**A:** Hong Kent and Irwin Cheever are pretty much signed for 10 more years minimum, that would make them both 44 years old meaning they have another 16 years of coaching. Really in 26 seasons, ask me what I will do then, because frankly I don't know right now. I will probably just move on and make a competitive team. I bet you even the best of GM's couldn't make a decent team under a 38 million dollar cap, as I know it is hard to do myself.

**Q:** If you had the power to make an instant single improvement to Metroho, what could it be.

**A:** Hmm... Now that retired players are able to be hired by coaches this is a hard one. I would love the addition of an All-Star Game on Day 21, but that would be a hard one to please everybody as to how it goes down. Having pregame previews would make it even more epic for playoffs and

tournament, I love stats and would love to see head to head matchups and the like. Another one would be betting and prizes. I have no idea how you would implement that into the game, but I believe that Adam will do a good job when adding it. Between the three I really don't know which one I would pick, so why don't you change the question to "If you had the power to make an instant three improvements..."

**Q:** If you could meet one hockey player, dead or alive who would it be and why?

**A:** Ed Belfour. He was and still is my all-time favourite goalie; he probably wouldn't really have any incredible stories to tell as guys like Maurice Richard, Frank Mahovlich, or Wayne Gretzky. But it would be need to meet my favourite goalie. Mats Sundin would be my other choice, as he is my favourite player of all time.

**Q:** Have you had a chance to read gm Kehmesis' off-site comic Jay N' Gee (<http://www.jayngee.com>)? If so, what do you think?

**A:** I try to read every single one when they are released. Kehm has done a great job making comics for the Newsletter as well as for Jay N' Gee. I recommend them to anyone who wants a laugh, as long as you don't get offended by some language or nudity here and there.. (Now that I said nudity, you will get lots more views)

**Q:** Finally, how long can you see yourself playing Metroho?

**A:** Forever and a day.

Thanks for the interview DB!



Users were asked to mail me, Alfie, with any questions they may have. I received metroho-related questions, deep philosophical questions, and completely inappropriate questions. Nothing was ignored; everything was answered by either me or the newsletter panel. Viewer discretion is advised!

**Vysonic:** Would you rather have: an 18 year old 100 rated 400k player of any choice or an extra 20M in capspace?

**Footballm11's Answer:** I would rather have the extra 20mil in cap space. That's a no brainer. That's more than enough money to pick up the priciest/highest rated UFA out there while still having cap left over to further help your team.

**Alfie's Answer:** 20M.

**P4Tr1cK:** Which team in metroho made level 3 after 3 seasons? Clue: The name of the team starts by The letter S... and after there's a U... and maybe the word Tornados is somewhere in the team name :P)

**Alfie's Answer:** Your clues are all wrong. The answer is The Silver Seven.

**Destructo:** I have strength and conditioning coach and am looking to sign an old fart rated 74. His original rating is 78....now if I use that coach to bring him back to his original rating will I have to pay in credits? Or does the coach do it for free?.....and also will it happen all at once or do I have to wait til that old fat guy gets back into shape? He's only going to play a few games through the remainder of my current league...is it worth it?

**Footballm11's Answer:** You have to pay credits to use the S&C coach. The old fart will increase one rating point at that time. Once you have "healed" him one point, it takes 5 more days to condition him again. Again, costing credits, and again, having to wait another 5 days before you can condition him again. Consequently, I find that it's not worth it. The best way to use the S&C coach is to find someone who had decreased a star tier and can be reconditioned back into said tier. This is a great way to save some cap as long as you have the extra credits to condition the player back up if he drops a point during the season.

**Flyguy424:** So i heard you're great at making sandwiches... So why don't you GTFO and make me a sandwich?

**Alfie's Answer:** So I heard from mattman you're great at sucking \*\*\*\*. So why don't you GTFO and start sucking?

**hockeyKING:** Should i give up a 60r 20y/o Sahd and a 63 r 21y/o S for a 70r 20y/o Playmaker?

**Footballm11's Answer:** hell i would...it makes no sense for the other team to make the trade though...and its kind of suspicious...those two 60s would never make a halfway decent team to be worth anything...that 70, however, could be a nice prospect with some lucky drills. Trade at your own risk.

**Kanzi:** Whos sexier, Dora or Barney?

**kwest's answer:** Well, since Dora is a child, I'd have to say Barney. Big purple dinosaurs for the win.

**Wildcat423:** Sup?

**Alfie's Answer:** ...

**Wildcat423:** Sup?

**Alfie's Answer:** ...

**Wildcat423:** Why won't you answer my 1st or 2nd question?

**Alfie's Answer:** Why did you click Send twice?

**Wildcat423:** Why was 6 afraid of 11?

**Alfie's Answer:** Because 11 was Chuck Norris.

**fixedyard:** What is more important: biological life, or biographical life?

**Irondogg's Answer:** The difference between the two is the difference between being alive and having a life. Each one of us must determine which is more important for our own future.

**Gamer1:** Adam, what gave you the idea to start this site?

**Alfie's Answer:** Taken from Adam's Q&A in the first newsletter: "I thought it would be fun to play a hockey manager but I couldn't find one I liked."

**Footballm11:** Does size really matter for you?

**Alfie's Answer:** Let's just say that if I had to be raped by a guy, I'd want it to be you so I don't feel anything.

# TOP 5

## Future Super Teams!

#5 - The BlackPhoenix (HolyPhoenix)

#4 - The Colorado Penguins (Bopher1)

#3 - The Bastions Blainville (zazizop)

#2 - The canadian eagles (gamer1)

#1 - The Sunfires Tornados (P4Tr1cK)

# Tourney Tracking

*with Trogdor*



The May 2010 Denslow Cup was played with a reduced number of teams due to a lack of teams signing up. Usually there are 42 teams in and a few left out to watch and play the next time. But this time around, only 34 teams signed up and an extension was given to get one more team to make the field of 35. Because of the lack of signups, the rules were slightly altered. Instead of the top 2 in each pool advancing along with 4 third place wildcards, it was set up as the top 3 from each of 5 pools. The #1 overall point total wouldn't have to play in the qualifying round and would get a bye straight to the quarterfinals.

With one home game to go, The Shadows had a chance to finish off just the 2nd perfect pool play in Denslow history. Unfortunately, they settled for an overtime win instead of a regulation win and finished with an 11-1-0-0 and 35 points. It was still enough to take the #1 overall spot and a bye through qualifying. The Canines also went undefeated with 8 wins and 4 overtime wins. Other pool winners were The Kanzis Habs4Cup, The Blue + Gold, and The WartHogs. The surprises of pool play were the top 10 power ranked New Bedford Hax failing to qualify with just 6 wins and 20 points, along with the 200something ranked Longerwood Enzytes finding a way to scrape together enough wins to advance.

Knockout Rounds had a lot of the top seeds falling. The #2, #3, #4 and #12 seeds all got knocked out in qualifying with #1, #8, and #11 moving on. But in quarterfinal play, the #1, #7 (had the bye), and #8 all got knocked out leaving 4 lower seeded teams playing in the semis. Matchups were The Kanzis Habs4Cup taking on The Silver Seven and The Lawn Gnomes against The Canines. These 4 teams combined for 0 career semifinal appearances coming into this round.

The Kanzis took out The Silver Seven in a very close series. Through 6 games it was tied at 9 points each but the Kanzis managed to outscore by a tally of 15 to 13 and got the win. In a series almost as close, the Canines eliminated The Lawn Gnomes 10 points to 8. Cup Finals were all set to be a great series....but they weren't. The Kanzis rolled in just 4 games of a possible 6 picking up an 11 points to 1 victory. The Silver Seven won 3rd place.

## Medallion



Tier 2



The Pembroke Kings



The Hounds



The Old Timers

MVP: Gilbert Renno (homegrown sniper - 4 goals and 5 assists with 18 hits/blocks)

This was the 2nd gold medal for The Old Timers, both in Tier 2. They've played in 19 medallion tournaments with just a 12-11 record in Tier 1. They've been in Tier 2 for their past 8 tournaments, going 18-6 with 2 gold medals.

Tier 1



The WartHogs



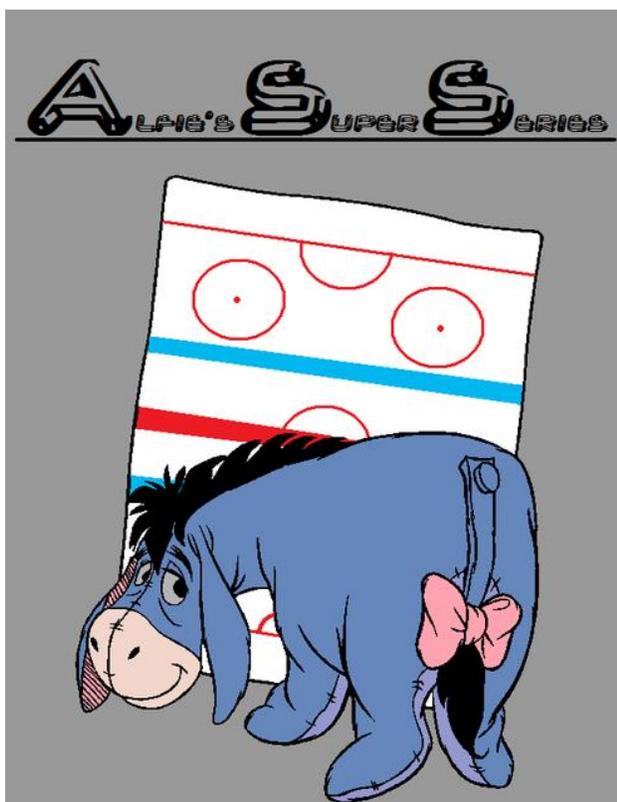
The tMai's



The Random Name #42

MVP: Kevin Bares (checker - 1 goal and 7 assists with 31 hits/blocks)

This was the 9th medallion tournament for The Random Name #42 and the 6th time in Tier 1. Coming into this tournament they were only 3-5 in Tier 1 play, never going past the round of 64.



The 2nd ASS Tournament featured 18 teams split into 2 tiers. Tier 1 had 8 real solid teams, a very tough field. Tier 2 had some lesser known teams, but still 10 good teams. The Zamboni's caused a little controversy by trading for consumed players and becoming a Tier 1 quality team, but that's just how it goes sometimes. Tier 1 played a quadruple round robin with each team facing the other 7 teams 4 times each for a total of 28 games. Tier 2 was a double round robin with 18 total games. In each tier, half of the teams qualified for the playoffs.

Tier 2 play had The Zamboni's take the #1 seed with 13 wins and 44 points. The Dragons 78 and The Strikers took the other 2 semifinal spots, leaving The Husky and The Slapnuts to play a qualifying series for the last spot. The Bastions Blainville got left out with a 6th place finish, despite having more regulation wins than The Slapnuts. Newcomers The YoungMoneySuperstars went just 1-0-0-17 with a -63 goal differential. The Slapnuts beat The Husky but then fell to top seeded Zamboni's in the semifinals. The Dragons 78 beat The Strikers in the other semifinal. That left a Tier 2 Gold Medal matchup of 2 tournament veterans. Zamboni's took care of business with a 4 games to 0 sweep of The Dragons 78 to take home The Gold Medal. The Strikers won the Bronze.

Tier 1 play had 4 clear cut leading teams. The #4 seeded Silver Seven finished with 51 points, while the 5th place finishing Bayside Brawlers had just 37. The WartHogs took the #1 seed with 19 wins and 60 points, followed by Denslow Cup Champion Kanzis and The Yabba Dabbas. The WartHogs and Yabba Dabbas prevailed in semifinal play. The Silver Seven went on to win the Bronze. The WartHogs won an easy sweep of The Yabba Dabbas 4 games to 0, outscoring them 10 to 3 to take the Gold Medal of Tier 1.

*Note from Alfie:* I am taking a break from running this tourney. It will be back when I have time to update it each night and enjoy myself.

## GM OF THE MONTH

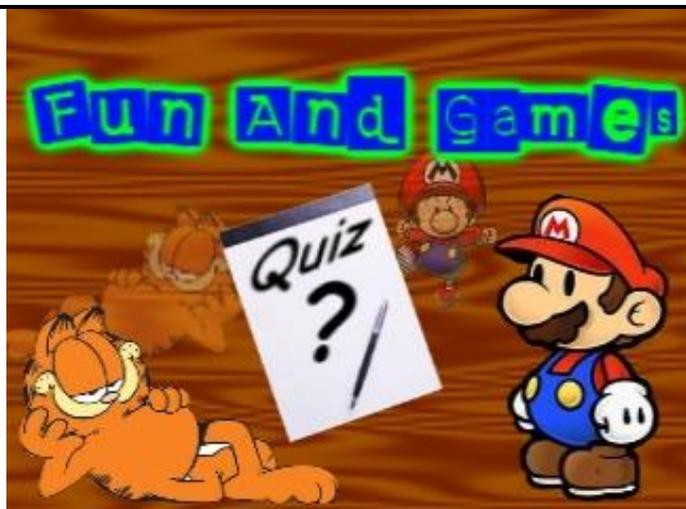
### The Warthogs

#### Honorable mentions

The Kentucky Squirrels

The Silver Seven

The Kanzis Habs4Cup



## Wall of Shame

*May Banned Teams*

**The Florida Everblades**

**The Orlando Solar Bears**

**The Zarathustras**

**The Toronto Pylons**

**The Cooksvill Phantoms**

**The Toronto Legacy**

**The Predateurs**

**The bozz**

## Hockey Trivia

By IronDogg

1. In early hockey, what was the position name of the seventh man on ice?
2. Who set a rookie point scoring streak record in 2006-2007?
3. Which team recorded the NHL's first win by shootout?
4. In July 2003, which Dallas Star was surprised to discover his 1999 Stanley Cup ring being sold on eBay?
5. What position always sits out when a team is one man down, killing a penalty in a MetroHO hockey game?
6. This MetroHO Endorsee challenges the representing player to win any award given at the end of the season.

### Rules

-Send your responses to IronDogg via PM on MetroHO.com before the end of June 19th, 2010.

-Only one (1) submission per user, if multiple the first one will be the ONLY one used.

-One (1) point per correct answer.

-If there are multiple winning submissions, then a random winner will be selected from the winning submissions as the month's winner.

-Winner's prize is one (1) month's worth of "Bragging Rights" and **VIP**.

-Newsletter Crew members are not eligible to win but can still submit answers.

### Answers from last month's Trivia

1. Blaine Stoughton scored 52 goals for the Cincinnati Stingers (WHA 1976-77), he also scored 56 for the Hartford Whalers (NHL 1979-80) and 52 in (NHL1981-82).

2. 17959

3. Mark Messier is 2nd on the NHL's all-time regular season points list, 970 points behind Wayne Gretzky.

4. On December 31, 1988, in a game against the New Jersey Devils, Mario Lemieux became the only player in NHL history to score a goal in all five possible game situations in the same game. He scored 8 points in that game.

5. -Draft picks used at the end of a round are labelled sandwich picks.

-If a draft pick is traded in the off-season between two teams that join different leagues, the team acquiring the draft pick will use that draft pick at the end of the designated round. Draft picks used at the end of a round are labelled sandwich picks.

6. Auto-Simming: Go to "Settings" (right navigation) and turn on Auto-Sim. By doing this, your home games will automatically be simulated around 2 A.M. server time.

Quick-Simming: On the day of your game, sometime before 11 P.M. server time, click "QuickSim." This will put your game in a queue to be simulated within about 10 minutes.

Playing round-by-round: On the day of your game, sometime before 11 P.M. server time, click "Play." This will allow you to choose your lines and a style of play for each round.

**Congratulations, to DartArrowz (2738), who is the MetroMonthly May 2010 Edition Trivia Winner.**

### Editor's Notebook

First off, let me apologize on the slight delay on this newsletter. My exams are coming up, lots of end of year projects to do, and on top of that my soccer season started up. All in all, I'm much shorter on time. I hope you will enjoy it. According to me it's as good, maybe a slight notch down from last month's if anything. Unfortunately we couldn't get some fresh designing because HP is busy with real life stuff. He will however be back this summer. Thanks also to DB for a fun Word Search found on the following page. The next few newsletters will have big improvements such as new sections, new writers, new features, and much more! Remember to give us your feedback!

# Kehm's Comic

Metroho Comic #4: Backup Goalies



(C) Kehm@ www.jaygee.com

## METROHO WORD SEARCH

P	L	S	M	U	R	O	F	G	Q	Z	F	E	B	Y	G	F	N
O	E	E	E	Y	W	C	N	S	Q	W	N	J	H	N	N	R	Y
W	I	N	A	N	Q	I	I	K	T	D	I	P	E	N	I	I	V
E	Z	W	Y	D	T	Q	J	K	O	N	O	J	O	I	T	E	A
R	F	V	R	U	E	R	R	R	R	R	E	T	Q	H	F	N	F
R	V	H	O	M	Y	R	S	G	T	J	M	G	J	S	A	D	X
A	E	C	A	D	W	E	S	E	O	L	O	T	A	R	R	S	X
N	S	U	I	I	M	R	C	T	A	R	L	B	U	E	D	P	C
K	X	Z	W	E	I	N	X	D	O	R	X	R	I	W	E	F	I
I	T	Q	N	V	A	P	O	W	E	R	F	O	R	W	A	R	D
N	E	T	A	N	C	M	E	T	R	O	C	U	P	X	H	G	F
G	S	L	I	U	G	B	N	N	P	R	S	H	I	Q	A	K	F
S	S	M	T	N	E	C	W	O	D	L	L	L	E	E	N	S	T
H	O	I	D	Z	C	J	V	B	X	M	G	N	L	C	N	Q	D
D	F	P	S	T	N	E	M	A	N	R	U	O	T	I	K	K	U
K	T	Q	E	D	C	O	X	U	Y	R	V	U	A	O	R	E	H
A	K	G	R	R	K	Q	T	I	C	Y	U	G	J	D	P	D	R
C	G	Q	Z	O	J	C	H	O	T	B	L	O	V	T	W	D	S

CHECKER  
 DRILLS  
 FREEAGENTS  
 METROCUP  
 RIVALS  
 TOURNAMENTS

DOMINANCETROPHY  
 ENDORSEMENTS  
 FRIENDS  
 POWERFORWARD  
 SCOUTING

DRAFTING  
 FORUMS  
 LEADERSTORCH  
 POWERRANKING  
 SHINNY